

SPRING 2022 NEWSLETTER

Dear Colleagues,

I usually write an introduction to the Gowrie Training & Consultancy newsletter which is normally focused on what is and has been happening in our space; however, I have reflected on the past months and decided to change it up. Why? The winter months have been hard on many of us and please be assured, I am not going to mention the 'C' word!

At times we can fall into a place of discouragement, blame and being resentful and this can be further aggravated when we surround ourselves with negativity, either in what we read and speak about, or in our interactions with others. The sector is consistently in a state of change. With workforce challenges, professional recognition and wellbeing being tested (and I could go on and on) one of the most valuable things I have learnt about change is how to get comfortable feeling 'uncomfortable' because change is inevitable.

With a new Government comes not only opportunities, but also a fear of the unknown or again feeling that nothing will ever change.

But today, I am using a different lens, one of gratitude. Education and Care was my second career after having a

family. Education and Care found me and throughout many years, I have been privileged to meet and work with great colleagues, and some not so great, but I can say these have been the times I have learnt the most about myself and grown as a professional. I have learnt that:

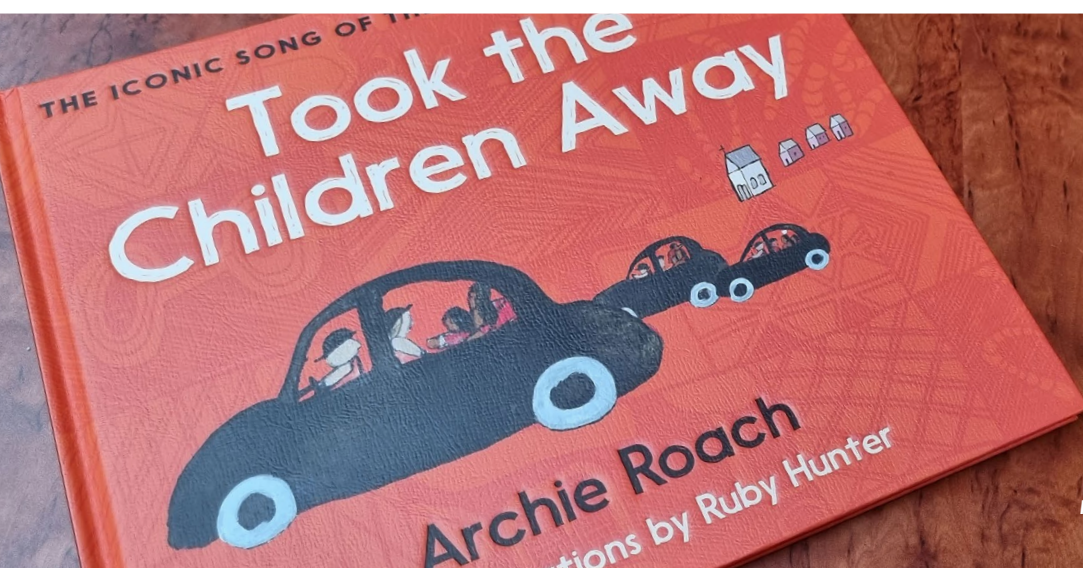
- leadership is not a title or position,
- we need to be kind to ourselves and all others,
- see and seize the possibilities, be realistic, however combine this with optimism,
- be humble as we don't have all the answers (although sometimes we may think we do), and
- most of all, be courageous, whether this is in innovation where it means risk-taking, and also mistake making. Or courageous in asking others for help, without feeling that sense of failure.

For children to thrive, we as educators need to thrive. I leave you with a quote, author unknown - *'What you do makes a difference, and you have to decide what kind of difference you want to make'.*

Thank you for making that difference!

Annette Barwick

Learning, Development & Inclusion General Manager



Aboriginal and Torres Strait Islander readers are advised that the following newsletter may contain images and names of people who have passed away.

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MENTAL HEALTH WEEK 2022

Mental Health Week is a national campaign held in October each year, incorporating World Mental Health Day on the 10th of October. The purpose of the campaign is to engage communities in activities that promote mental health and wellbeing as well as increasing understanding about the impact of mental illness and the stigma that surrounds it.

Mental Health Week in Tasmania this year will occur between the 8th and 16th October. The theme for 2022 will be 'Awareness, Belonging, Connection'.

Awareness is about understanding the things we need to maintain and boost our mental wellbeing and knowing when we need to reach out for help and where to get it. Belonging is about looking out for each other, ensuring we feel safe and supported, and understanding that however we feel, we're not alone, and that there are others going through the same thing.

Connection is about our relationships with our friends, families and those that we care about, as well as the groups, clubs, and networks around us that we rely on to help keep us happy and healthy, wherever we live, work, or play.

This year you can get behind Mental Health Week and show your support by turning Tasmania orange! Orange had been chosen as the official colour for Mental Health Week in Tasmania this year because it is warm, inviting, and has a positive and uplifting influence. Why not have a 'Wear Orange' day at your service or workplace, or host a morning or afternoon tea with delicious orange themed food.

To find out more about Mental Health Week visit the [Mental Health Council of Tasmania website](https://www.mhct.org.au/mental-health-week).

Early Childhood Australia have created a catalogue of useful resources to assist educators support the growth and wellbeing of their peers and children. To find out more information about these resources, please click on the links below:

[Early Childhood Australia, Wellbeing Matters](https://www.earlychildhoodaustralia.org.au/wellbeing-matters)

[Early Childhood Australia, Be You](https://www.earlychildhoodaustralia.org.au/be-you)

What 'wellbeing' advice would you share with your peers, if you were to reflect on your experiences as an educator?

If you or any of your family members need support contact:

Lifeline: 24/7 crisis support (Freecall): 13 11 14 | <https://www.lifeline.org.au/131114/>

Beyond Blue: 1300 22 4636 | <https://beyondblue.org.au/>

Headspace Hobart: (03) 6231 2927 | <https://headspace.org.au/>

Child and Adolescent Mental Health Service: 24/7 support (Freecall): 1800 332 388 | <https://bit.ly/38nBJRR>

Black Dog Institute for Indigenous and Torres Strait Islander Peoples: <https://www.blackdoginstitute.org.au/>

Mental Health Week 2022

TASMANIA

8-16 October



HIGHLIGHTING RITU MAHARESH - CONSULTANT

Ritu Maharesh joined the Gowrie Training & Consultancy team in January 2021 as a Trainer and Assessor and is currently working closely with Certificate III learners in the South, North and North West regions. Ritu is originally from New Delhi, India and has now settled in Hobart with her husband and 13 year-old son. Last year they received their Australian citizenship and currently reside in Kingston.

Ritu holds her Diploma of Early Childhood Education and Care as well as the Certificate IV (TAE) in Training and Assessment.

Prior to her relocation to Tasmania, Ritu was working as a business development manager in a market research and consulting firm. She is a performance-driven educational professional with over 14 years of experience in training and assessing, early childhood settings and educational services, relationship management, client retention, and business development. She is self-motivated and reliable with an excellent understanding of cross-cultural relationships, learner's individual needs and learning styles, community networking and the National Quality Standard and Framework.

Ritu has strong communication and organisational skills having worked in diverse performance-oriented business environments. She is passionate about learning new things and taking on challenges in life. She comes with self-efficacy, efficiency, and ability to lead students to success.

She plays cricket with a local team and had a big tick on her bucket list when she cracked a Rubik cube recently.



WORKFORCE READY TEAM

Kerrie Hansen, Senior Officer, Workforce Coordination Project

Gowrie Training & Consultancy is proud to present Kerrie Hansen in her new role as Senior Officer, Workforce Coordination.



This position represents the Tasmanian Education and Care sector within the Workforce Coordination Project -

Workforce Ready team. The position is contracted through Early Childhood Australia (ECA) Tasmania Branch to Lady Gowrie Tasmania as the employer.

The Workforce Coordination project is the first project to be funded (Department of State Growth and administered by Skills Tasmania) under the Tasmanian Community Services Industry Plan (2021-31). The project is led by TasCOSS. The Industry Plan is for governments, peak bodies, and community services organisations. It provides an overarching framework to guide strategic industry/sector development and transition planning. Its vision is to create a connected community services industry/sector that supports all Tasmanians to live a good life and enriches our state's social, cultural and economic wellbeing.

The intention is for sector-specific and whole-of-industry/sector strategies and activities to enhance each other and achieve a cumulative beneficial effect, essential to meeting workforce challenges.

Kerrie will work closely with Kellie Watson the EYSAC Project Manager with work also being aligned to the EYSAC Workforce Strategy Tasmania 2021 & Beyond.

EVENTS AND PROFESSIONAL DEVELOPMENT

Gowrie Training & Consultancy Professional Development

Outside school hours care (OSHC) environments can be challenging to work in as what we can and can't do is often determined by the physical space we are provided. Environments, both inside and outside, are critical to the engagement of children attending OSHC programs, so how do we ensure we are providing the best possible experiences to support play, leisure, social connections, and learning?

For the final two OSHC Networking Group gatherings of the year, Gowrie Training & Consultancy Consultant, Scott Gibson, will explore the topic of environments. These will be delivered as practical sessions, held in an OSHC, setting where participants will take part in creating and reflecting on a range of experiences, aimed at engaging small and large groups of children.

The groups will consider how we invite children into play and learning through the thoughtful and creative presentation of our environments and experiences. Participants will explore the potential of indoor and outdoor spaces, looking at innovative ways of incorporating resources and using the advantages these spaces offer.



Developing engaging indoor spaces for school age children

Wednesday 19th October, 2022

6.45pm-8.30pm, Taroona Primary School

This practical session is all about exploring ways for making the best use of our **indoor** environments, using fixed and moveable structures/furniture in innovative ways, and exploring how we 'invite' children to engage with the indoor environment on a day-to-day basis.

Participants will be actively involved in the set-up of a variety of indoor play and learning spaces and experiences using a range of resources, reflecting on the intentionality behind these experiences, how the children may engage, the adult's role, and how we can extend on these ideas.



Exploring the potential of the outdoor environment

Wednesday 7th December, 2022

6.45pm-8.30pm, venue TBC

This practical session will explore the potential of the **outdoor** environment, including ways to extend on fixed play structures, how to deliver typically indoor experiences outside, and ways children can access natural areas and elements within the outdoor environment.

Participants will work together to identify possibilities in the outdoors and share their insights with the group, before having access to a range of resources that can enhance children's play opportunities in the outdoors, exploring ways of presenting these to the children.

For more information on upcoming events, please contact our consultants by emailing training@gowrie-tas.com.au

KEEPING OUR LEARNERS SAFE

Gowrie Training & Consultancy (GT&C) continues to remain vigilant with COVID-19 and behaviours required to keep all learners and facilitators safe. GT&C and Lady Gowrie Tasmania (LGT) keep up to date with relevant information through the Department of Health to minimise the risk of COVID-19 in our community.

In order to keep yourself and other learners safe and healthy, we ask for your cooperation in the following behaviours:

- Be up to date with COVID-19 vaccinations
- Wear a mask when needed
- Stay home if sick
- Get tested if experiencing cold and flu like symptoms
- Keep hands clean
- Keep your distance

For more information please visit:

<https://www.coronavirus.tas.gov.au/keeping-yourself-safe/covid-safe-behaviours>

EARLY CHILDHOOD AUSTRALIA NATIONAL CONFERENCE 2022

PASSION TO POWER our future profession



Early Childhood Australia
A voice for young children

5 – 8 OCTOBER 2022 CANBERRA

In-person registrations have sold out! However, conference virtual platform allows participation in real-time, plus access to the on-demand library for up to 60 days post conference.

Don't miss out on this opportunity to come together with other Education and Care Professionals to design and plan for the future!

Keynote speakers include 27th Prime Minister of Australia, Julia Gillard, Dylan Alcott, and international speaker, Dr. Laura Jana.

**USE THE LINK BELOW FOR YOUR VIRTUAL
REGISTRATION TODAY!**

[HTTPS://WWW.ECACONFERENCE.COM.AU/2022/REGISTER/](https://www.ecaconference.com.au/2022/register/)

BOOKS FOR CHILDREN AND EDUCATORS

Sharing books together opens up new worlds for children and can be a powerful tool for starting conversations about inclusiveness, respect and belonging.

Below are just a few books that you can introduce into your service as well as read for your own professional development!

I'm Calm, By Jayneen Sanders

Theodore is calm. But everyone else in his family isn't! In a time of stress and anxiety, Theodore shows his family ways he's learned to stay calm. Through this engaging and beautifully illustrated story, children will learn that in stressful situations they can still find a place of calm and peace through mindfulness techniques.

The Not-So-Perfect Princess and the Not-So-Dreadful Dragon, by Jayneen Sanders

Princess Petal is NOT what you would expect the 'perfect' princess to be. In fact, she is quite the opposite. Her princess dresses are torn and scruffy, she wears an old woolly hat instead of a golden crown and she is very (very) loud. So, when Princess Petal meets a fire-breathing dragon while out hiking in the forest, both are in for a bit of a shock!

An enchanting tale about friendship, diversity, acceptance and being exactly who we are meant to be. The moral behind this story is imperative yet simple: we are all different and that's okay, making judgements and assumptions about people is not okay, all genders should be treated equally.

Let Kids be Kids, By Dr Susie O'Neill

Let Kids Be Kids provides tips on tangible things parents and educators can do to give children a voice and agency in their own learning. This book supports their development during these critical early years to build self-worth, wellbeing, respectful relationships, values, and behaviours that allow them to become responsible risk takers and contributors to our society.

Took the Children Away, By Archie Roach

With the recent passing of Australian singer and songwriter, Archie Roach (1956-2022), Gowrie Training & Consultancy encourages educators to revisit *Took the Children Away*, a story which reflects on Australia's past practices of removing children from their families.

The story also speaks of love and reconnection and has travelled across seas into the hearts of First Nations communities everywhere.



PEDAGOGY AND PRACTICE

A good educator nourishes creative minds with a rich learning experience while nudging them towards growth. A child's overall development requires not just intellectual, but also social, physical, and emotional aspects in a learning environment.

You can find a variety of free activities and play ideas on the following websites that you can use when planning your next exciting program! There is also information on these websites to help you learn more about the incredible development happening as children grow.

[Great Start](#)

[Play and Learn Together](#)

[ABC Kids Early Education](#)

Ephemeral Art - Creating art with found objects

Age: Preschoolers

Materials Required:

Collection of found natural objects (fallen leaves, sticks, stones, sand) Tray/tabletop to create a backdrop for art container to hold the items. Toothpicks, bottle tops, buttons, string and coloured pieces of paper can be used if natural items are not available.

Use a large piece of paper as a backdrop, or an empty photo frame (frame only, no backing or glass) as a space for children to create their artwork.

How to build on this activity:

Together, make a design and leave it outside for someone to find.

Experience Steps:

Rather than picking leaves or flowers from trees, allow the children to collect items that have fallen naturally (leaves, sticks).

Create artwork (or inside a frame) by arranging the found objects on the table/paper. Do not glue or stick anything down. Admire the creation. You might like to take a photo of the creation.

Don't forget to return items to where they were found!



'The future belongs to those who believe in the beauty of their dreams.'

ELEANOR ROOSEVELT

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OUR LEARNERS

My name is Mia Hancock-New. I'm currently undertaking a traineeship with Gowrie Training & Consultancy (RTO 45602) to complete my Certificate III in Early Childhood Education and Care.

I mostly work with the birth to 2 years age group and have found it to be very beneficial to have the hands-on experience alongside the formal learning. I completed the Certificate II in Community Services through a VET course while at college. This course helped to prepare me for starting my Certificate III and to realise that I would like a career in early childhood education and care.

Each month, I attend class while working four days a week. By balancing work and study, I am able to practice what I am learning in class and provide context for classroom discussions. Through emails, canva, and one-on-one discussions, Gowrie Training & Consultancy assists me in studying independently outside of class.

Each day, I enjoy building relationships with the children I work with and their families. I also appreciate having the opportunity to see the children grow as capable and competent learners. I would recommend a career in education and care as I find the time I spend working with children and families to be very rewarding. I love sharing in the children's excitement when they experience something new or master new skills.

Through this traineeship, I have learned many valuable lessons, and I am looking forward to completing my traineeship by the end of 2022.

The following piece on Mia's learning journey can be found on the Be the Difference project, which can be found on the [Early Years and School Age Care \(EYSAC\) website](#).

Mia Hancock-New

Early Childhood Educator | GT&C Learner



Certificate III ECEC

LDC Educator



WINNER

TRANSITION TO WORK
AWARD



colony47

LEANNE O'KEEFE

21 OF MOONAH

Young Tasmanian Award, Leanne O'Keefe

Gowrie Training & Consultancy (RTO 45602) congratulates Leanne O'Keefe, winner of the recent Young Tasmanian Colony 47 Transition to Work Award.

This award acknowledges Young Tasmanians using their initiative to break into the workforce by undertaking further education, upskilling, gaining valuable experience in the workplace by volunteering, completing a traineeship/ internship, vocational education, and training or even schoolwork experience.

The Transition to Work Award applauds the future employees/employers of Tasmania who are striving to go above and beyond to secure a job and create a better future for themselves.

Leanne has almost completed her Certificate III in Early Childhood Education and Care with Gowrie Training & Consultancy (RTO 45602) after accepting and commencing a traineeship with Ludo Early Learning. Leanne has lived with other youth under the care of CatholicCare Tasmania (CCT). With determination and commitment and support from her CCT Life Skills Educator, Leanne went back to school and completed Year 12 before entering the education and care sector.

Leanne has proven to be a valuable contributor in class discussions and is a strong advocate for all children to have the best possible start in life.

Well done Leanne!

UPDATE TO EARLY CHILDHOOD QUALIFICATIONS (RTO 45602)

We are excited to announce that Gowrie Training & Consultancy (RTO 45602) has been approved through Australian Skills Qualification Authority to deliver the updated qualifications for Certificate III Early Childhood Education and Care (CHC30121) and Diploma of Early Childhood Education and Care (CHC50121). Approval was received on Monday 11th of July signalling that all new sign-up and enrolments must now be within these codes:

- CHC30121 - Certificate III in Early Childhood Education and Care
- CHC50121 - Diploma of Early Childhood Education and Care

Sign ups for the CHC30113 and CHC350113 were suspended from 11th July for the RTO. However, existing learners can complete or transition to the new qualifications until early December, 2022 which will enable the RTO to process results prior to the end of the extended teach out period.

We have, and are in contact, with workplaces and learners and have determined pathways forward for individuals. We encourage you to contact us if you have not yet received your plan or if you are unsure of the pathway you are taking. Between now and November we will be teaching out learners who are likely to complete their qualification. Updated calendars indicating classes, times and dates have been provided on Canvas. A number of learners will not be required to attend class, but have existing assessment tasks to complete.

All work for the learners completing qualifications must be submitted before November 30th, 2022.

Learners who will transition from to the new qualification will continue to attend classes. We have commenced delivering units that are relevant to both the old and the new qualification.

From October 2022 we will be delivering **only** the CHC30121 or CHC50121 units of competencies; this is also the time to be noting the changes in unit codes.

A more comprehensive calendar will be provided prior to the end of October, including schedules for 2023. Thank you for your patience through this extensive transition phase.



CREATING EFFECTIVE STUDY HABITS

The transition to a new level of study can feel like a big adjustment and it's easy to focus all your efforts on studying whilst forgetting about self-care. Maintaining a healthy work-life balance can help you to avoid burn-out and support good physical and mental health and wellbeing.

Signs you could be out of balance

If you generally feel happy, contented, healthy, and well rested; then you're probably already doing a pretty great job at the whole balance thing. Of course, there'll be times when you don't feel great; like trying to juggle multiple assignments, working extra shifts or periods of illness – that's normal.

If you often feel tired, low, or struggle each day, it could be time to reassess your priorities and your approach to time management. If you don't feel like the problem is going away, or if you have any concerns about your mental health and wellbeing, seek professional help as soon as possible. Here's a few things to look out for:

- You wake up tired
- You find it hard to get to sleep
- You often get sick
- You're missing your friends/family/hobbies
- You no longer enjoy study
- You often feel anxious, stressed, or miserable
- Boredom is an issue for you

How to get back in balance

There's no one solution to finding balance in your life. Often it involves some trial and error to determine what works for you.

If you're not feeling in balance, here are some things you can try:

Tip 1 – Work out where you are

Make a list of what really needs to get done (assignments or revision), what you would like to get done (less urgent), and what you want to do (perhaps exercise or seeing friends).

For example, you might include:

- Sleep
- Chores
- Assessments / revision / other study
- Paid work or volunteering
- Sports and other extra-curricular commitments
- Social time

You don't have to go into that much detail, but the more you include the more wriggle room you might find. Then think about the number of hours you spend doing these things each week and jot them down. You could use the Life Balance Worksheet to help you keep track – [download it here](#).

Tip 2 – Work out where you want to be

Once you've worked out how you're spending your time, the next step is to think about how you would like your week to look. You've got 168 hours in a week.

If you sleep the recommended 8 hours a day, go to work 5 days a week, travel an hour for work (there and back), and allow an hour for eating & an hour for other life admin each day, that leaves you with approximately 48 hours a week to spare. This number is just a guesstimate – work out your number then use that for the rest of the calculations. Now you need to work out what your priorities are.

Tip 3 – Build a plan to help you get there

Now you have to make the changes in order to redress the balance and lead the life you want. Here are some tips that could help you to achieve your end goals:

- Use a planner, calendar, diary or app to write down your new timetable, it could help you stay in check and create new habits instead of slipping back into the old routine
- Set goals and then break them down into manageable milestones, dates, and incorporate time limits into your schedule.
- Be flexible – some days or weeks you might have less work or other commitments, some days you might feel more exhausted, so it's always OK to change your schedule around.

Getting balance in your life is well worth it and is a great skill to use throughout life.

Adapted from: <https://studyworkgrow.com.au>

CUSTOMISED LEARNING

At Gowrie Training & Consultancy (GT&C) our team of Education & Care Consultants draw inspiration from you as educators and service leaders to develop customised professional learning experiences that foster positive and sustainable change. We will work with you in tailoring innovative and sustainable professional learning programs that meet your context and genuine needs.

Professional learning experiences may include:

- Pedagogy and Practice,
- Action Research,
- Mentoring and Coaching Programs,
- Financial Literacy,
- Leadership,
- Service Management and Compliance,
- People and Culture,
- Workforce Planning, and
- Business Analysis.

If you are ready to take the further steps in building a culture of learning and continuous improvement, contact us today for a free consultation on (03) 6230 6824 or email us on training@gowrie-tas.com.au.

ONLINE LEARNING

Woodworking with Children

Woodworking with Children is a short 'how to' course developed to support educators through introducing risky play into their programs. By the end of this course educators will be able to support children in learning a range of practical skills while also encouraging creativity.

Wellbeing and Self-Sustainability Practices with Children

This short course will provide educators with the necessary skills to be able support children in managing their emotions, developing self-awareness and building self-esteem.

For more information on Gowrie Training & Consultancy online learning, [please visit our website](#).



LADY GOWRIE TASMANIA

Collaboration is key in workforce recruitment and retention. We say it takes a village to raise a child, however it also takes a village to address critical workforce challenges.

Recently Tom at Sleeker Media filmed stakeholders and participants involved in the Lady Gowrie Tasmania Pathway to a Traineeship Program. Lady Gowrie Tasmania was successful in the Australian Government, Local Jobs Program tender in 2021. 16 participants gained employment within Lady Gowrie Tasmania Education and Care services with 13 currently progressing through the Certificate III Early Childhood Education and Care, through Gowrie Training & Consultancy (RTO 45602).

There are a number of people to thank and this includes:

The Australian Government for funding both the project and the video.

Nick Probert - Employment Facilitator for Local Jobs Program in Hobart and Southern Tasmania

Stacey Joseph - Support Officer

Kerrie Hansen - Project Manager

Lisette Graham - Project Coach

Kellie Watson- EYSAC

Educators - Shakira, Sarah, Angela, Jodi and Lauren for your participation and support.

Also, a big thank you to Willow, Toby and Clara, our budding film stars.

[Click here](#) to access the latest news in Education and Care in Reflections, featuring a piece on the Local Jobs Program written by Trevor Brown and Lizette Graham.



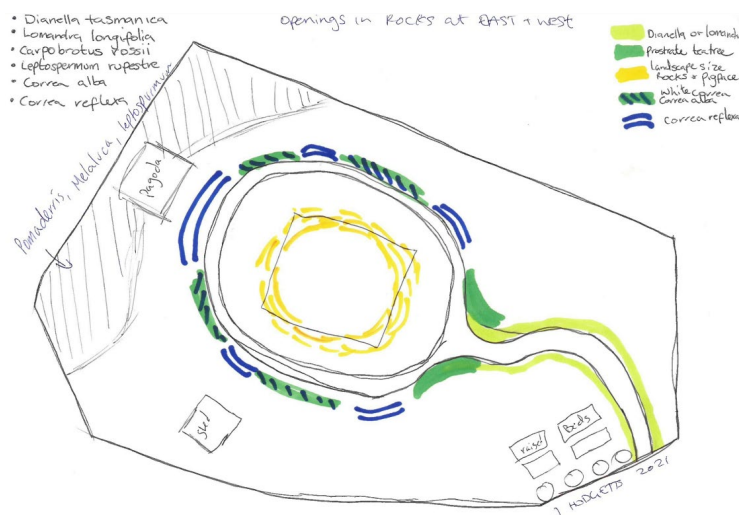
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MISSION AUSTRALIA - YARNING CIRCLE

Gowrie Training and Consultancy's Consultant Scott Gibson was recently approached by Mission Australia Children's Services to support them in transforming their community outdoor space into a Tasmanian Aboriginal Yarning Circle as a part of our Design and Consultancy service.

Mission Australia's lead in this project worked extensively with Aboriginal Elder Auntie Lize and her understudy Jodi to devise an outline for transforming their basketball court area into a Yarning Circle space.



As a result, a plan was developed by Scott incorporating Tasmanian native plants which serve multiple purposes and have been used by Tasmanian Aboriginal peoples for thousands of years. These included, but not limited to:

Correa alba (White Correa)

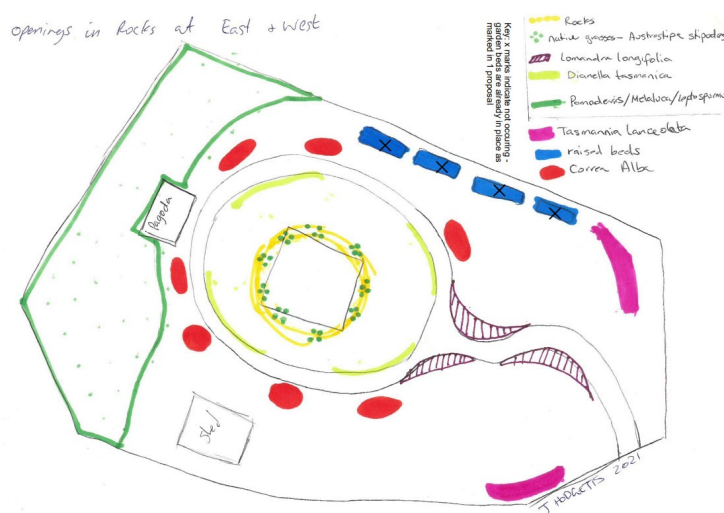
Also known as Cape Barren Tea, its taste has been compared to Jasmine Tea and holds medicinal qualities that help soothe a sore throat. White Correa is also a habitat plant for the Eastern Spinebill which is found extensively throughout Tasmania.

Lomandra longifolia

This is an essential bush tucker herb and bush survival species. Much of the plant is edible with its heavily scented flowers soaked for nectar, its seeds can be ground and added to flour or even roasted and ground as a 'coffee', and the pale green base of the pulled leaves can be chewed with a flavor resembling raw cabbage or fresh baby peas. Also nicknamed 'basket grass', the leaves can be used for weaving coil baskets and carrying vessels, or funneled basket fish traps.

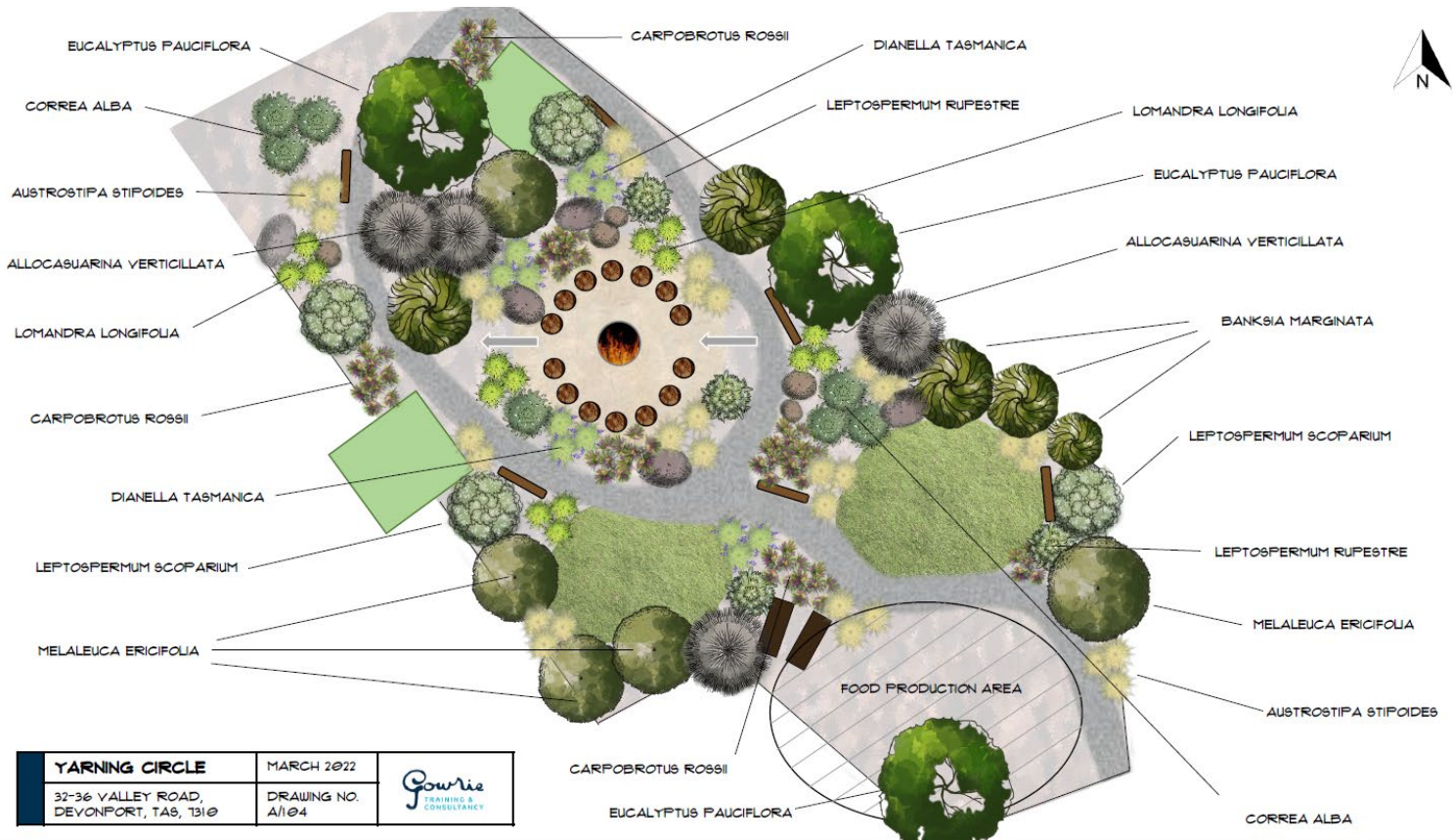
Initial sketches were developed by Auntie Lize and Jodi, providing insight into the requirements of the overall design. These included native plantings, large rocks, and logs for seating.

Discussions also took place between Scott and Mission Australia's lead in this project as to the overall vision for this space, which was identified as being a place where community could come together, share stories, and connect with country.



One of Scott's aims for the design of this space was to make people entering this area feel like they are embarking on a journey, winding through plantings of native plants, ground covers and shrubs before reaching the Yarning Circle area. Therefore, consideration was taken into the clustering and overall heights of plants to ensure this space felt as natural as possible once plants reached maturity.

As the space is also overlooked by neighbouring buildings, tall shrubs and trees were intentionally positioned to block these out from view, with a number of smaller spaces being created in the overall design where people can sit, relax, and reconnect surrounded by nature.



In celebration of National Reconciliation Week 2022, Scott (GT&C), Kellie Watson (EYSAC) and Roxanne Ellis (Inclusion Agency Tasmania) were invited to attend the opening of this space with people involved in the project, members of the Mission Australia team, and members of the local community.

Attendees took part in an emotional and powerful smoking ceremony conducted by Auntie Lize and Jodie to cleanse the space and invite their ancestors to oversee the Yarning Circle. This was followed by a presentation and acknowledgement to all involved in this project, and naming of the space (as voted by attendees). The space is now known as Krakani Kani (krah-kah-nee kani), meaning a place to rest, to sit, to talk, to speak.



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We were thrilled to be provided with such wonderful feedback for our design, with Auntie Lize and Jodi being impressed with the way we incorporated their ideas and built on these in a sensitive manner to create such a beautiful space to be enjoyed by many for years to come.

Although at this point the site may look a little bare due to the size of plantings, give this space another year or two and the growth of the plantings will really define this community space, transforming it into something very special.

Scott Gibson,
Gowrie Training & Consultancy Consultant

Supporting Active Play Through Innovative Outdoor Environments

Outdoor learning environments provide children with rich opportunities to explore, discover and appreciate their natural world. They enable children to be active, to strengthen fine and fundamental motor skills, test physical limits, problem solve and get messy.

Emerging global evidence suggests that environmental factors—such as space, playground design, access to natural environments and availability of appropriate equipment and resources—influence children's levels of physical activity and opportunities for challenging, active play. Importantly, it's quality outdoor learning environments, coupled with quality levels of engagement and interaction between educators and children that have the potential to promote children's motivation, confidence and competence in being physically active. These establish behaviours that promote health, confidence and wellbeing and, in turn, influence children's learning and development.

Many services use their local bush and beach outdoor environments to extend children's learning and development, and to foster an appreciation and care of the natural environment. For example, Excellent rated service,

Bribie Island Community Kindergarten is committed to caring for and learning on Country of the Gubbi Gubbi and Joondoburri People. Each week the children are invited to choose whether they would like to experience a bush, beach or combined program to explore and to build their knowledge and cultural connection with local Aboriginal sites.

Bribie Island Community Kindergarten acknowledges and pays its respect to the Joondoburri People of Gubbi Gubbi Nation, the traditional custodians of the land on which the kindergarten is placed. The service honours the Gubbi Gubbi and Joondoburri People as the first people who lovingly cared for the land and pays respects to Elder's past, present and emerging.

The design of quality active play environments can creatively use existing space, materials and resources. Contact Scott Gibson at Gowrie Training & Consultancy more information about playground design by emailing training@gowrie-tas.com.au or phone (03) 6230 6824.

EARLY LEARNING MATTER WEEK 2022 – LEARNING THROUGH PLAY

Early Learning Matters Week is back for its fifth year from 17-21 October 2022. This year's theme is 'Learning through play'.

Organised by Early Childhood Australia, the Early Learning Matters Week brings together early childhood educators, families, carers and community leaders around Australia to raise awareness and understanding of the importance of early learning and the difference the profession makes.

Gowrie Training & Consultancy understands and acknowledges the importance of learning and the positive influence it has on our youngest citizens, development and wellbeing.

We want to acknowledge and express our gratitude to the early year's workforce. The past year/s have seen educators rise above barriers as they continue to provide education and care for our nation's children (and their families). More than essential workers, they are the backbone of this nation's future in their provision and commitment to children's early learning and wellbeing in partnership with families and the community.

As educators you play a vital role within early childhood and society and we celebrate **YOU**.

Thank you for your continued endurance and advocacy for children and early learning!

Stay informed and get involved! Visit the [Early Learning Matters Week 2022 website](#) to find out how you can get involved.



Early Childhood Australia
A voice for young children

2022 | **EARLY
LEARNING
MATTERS
WEEK**



**SAVE
THE
DATE**

17-21 October 2022

Public Holiday Closure

Gowrie Training & Consultancy services will be closed on Thursday 22nd September 2022 as a one-off national public holiday in memory of the late Queen Elizabeth II. All services will re-open for normal operating hours on Friday 23rd September 2022.

If you have any further questions, please do not hesitate to contact us on (03) 6230 6824.

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CHILDREN'S WEEK

Children's Week (22 October – 30 October 2022) celebrates the right of children to enjoy childhood. Thousands of children and their families around the country are involved in activities and events during 'The Week' through the participation of schools, playgroups, education and care, kindergartens, cultural groups, libraries, departments and community groups.

Designated by the nations of the world, Universal Children's Day calls society to a greater response to the plight of many millions of children around the world who are denied the basic necessities of a happy childhood and the education to develop their capacities. It also calls us in Australia to consider those conditions in society which affect the lives and future of our own children.

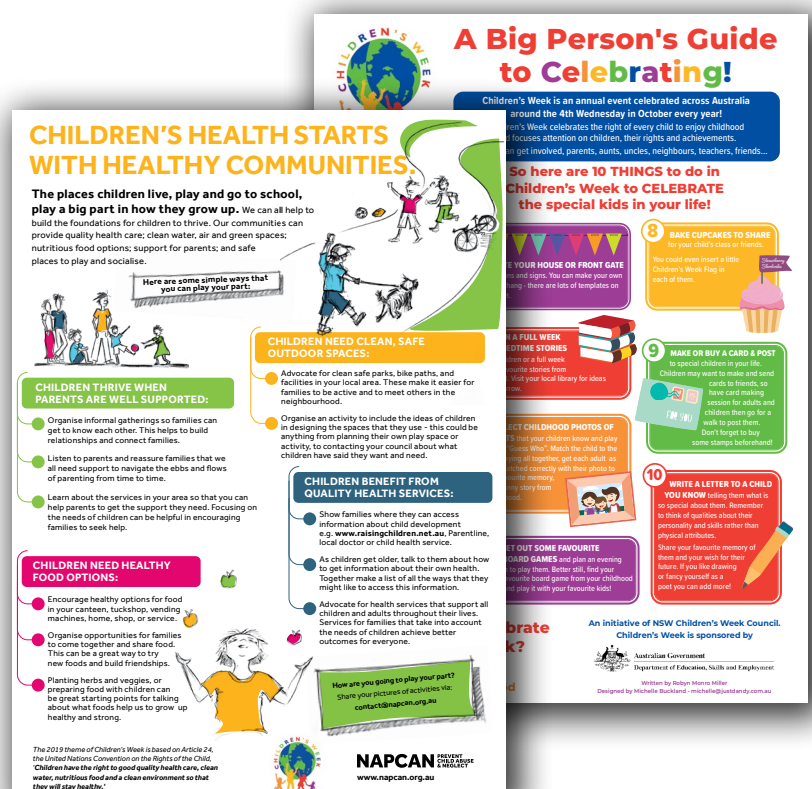
The Children's Week National Theme for 2022 is based on UNCRC Article 27.

'Children have the right to a standard of living that is good enough to meet their physical and mental needs. The government should help families who cannot afford to provide this.'

To find out more information and additional resources on how you can celebrate Children's Week at your service, please click on the following links below:

[Children's Week Council of Australia](#)

[Children's Week Council of Australia Educator Resources](#)



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Do you follow Early Childhood Australia?

Early Childhood Australia (ECA) is the peak early childhood advocacy organisation, acting in the interests of young children, their families and those in the early childhood field.

For more information and additional resources, please visit <https://www.earlychildhoodaustralia.org.au/>



Early Childhood Australia
A voice for young children

OPENING HOURS

For general enquiries 8.00am to 5:30pm
Trainers & Assessors 9.00am to 4.00pm

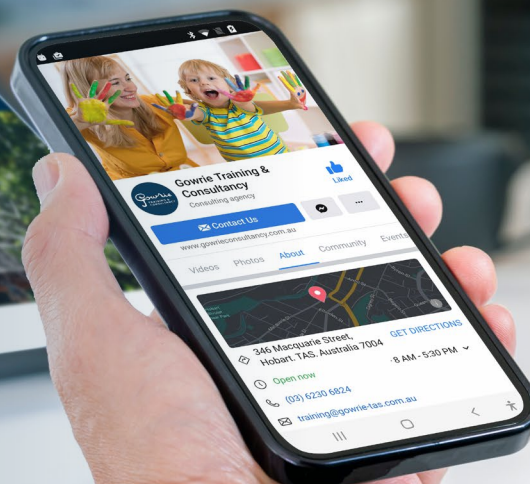
Please Note: During school holidays, general enquiries remain open however, unless a class/meeting has been scheduled, trainers and assessors will have limited availability. All enquiries during school holidays to be forwarded to RTO@gowrie-tas.com.au or phone (03) 6230 6824.

School holiday periods outlined below:

Term 3 Holidays (Spring)	1 Oct 2022 (Saturday)	16 Oct 2022 (Sunday)
Term 4 Holidays (Summer)	22 Dec 2022 (Thursday)	7 Feb 2023 (Tuesday)

Gowrie Training & Consultancy - Website and Social Media

We encourage all educators and services to follow the Gowrie Training & Consultancy [Facebook](#) and [Instagram](#) page to stay up to date on announcements, newsletters, projects and upcoming events.



Have something to share?

Do you have any events or stories from your professional or learning journey that you would like to share?

Please contact training@gowrie-tas.com.au



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