

## YOUR WEEKLY SNAPSHOT



Welcome to this week's edition of "Your Weekly Snapshot".

In this week's snapshot we sadly say farewell to one of our team members as she embarks on a career dream. We explore the benefits of Nature play for children and discuss practical ideas to encourage compassion in our young boys in line with National White Ribbon Day on Friday 20th November.

Social Inclusion Week is also coming up on the 21st November - visit the website to

view the online events and performances around Australia.

## THIS WEEK'S ARTICLES



**Social Inclusion Week**

**21 - 29 November, 2020**

**CONNECT, COLLABORATE & CELEBRATE!**

*'Social Inclusion Week aims to help all Australians feel included and valued, giving everyone the opportunity to participate fully in society.'*

Social Inclusion Week was created by Dr. Jonathan Welsh AM. Jonathan's is the founder of the Choir of Hard Knocks and in 2009 began 'Social Inclusion Week'

*'Social Inclusion Week is about connecting local communities, workmates, family and friends, in order to build and strengthen relationships or networks and address isolation and exclusion of those who may be marginalised.'* Social Inclusion Week, both quotes retrieved from: [www.socialinclusionweek.com.au](http://www.socialinclusionweek.com.au)

## Statement on the inclusion of children in early childhood education and care



### Raising compassionate boys

"Although all gender stereotypes are becoming less rigid, girls are given more flexibility than boys. That concerns me, especially when it comes to developing the typically "feminine" traits of compassion and kindness. These qualities are critical to the healthy development of all our children. Below are ways to assure that your boys receive those essential lessons in empathy as they grow toward being caring, compassionate, charitable men."

-Jenny Friedman, *Executive Director*

The 20th of November is White Ribbon day, and is dedicated to raising awareness to men's violence against women. It is also a call to action to commit to advocating for change, and the early years sector is in an ideal position for enacting this change to occur.

This change can occur through courageous conversations with families but also through engaging respectful, reciprocal and caring relationships with children.

The White Ribbon website has information on White Ribbon Day event ideas and events already planned in your area.

<https://events.whiteribbon.org.au/get-involved/join-an-existing-event/whiteribbonday20>

The article below gives some practical ideas on nurturing compassion in young boys to assist in their development into adulthood.

[Read full article](#)



[The benefits of nature play for children](#)

“There is a global movement looking to have more outdoor nature play, particularly in the early years,” says Associate Professor Janet Dymont from the School of Education at the University of Tasmania.

Now that we are starting to experience warmer weather it is a great time to embrace increased periods of outdoor play in our programs. Implementing an outdoor based program that becomes embedded in daily practice at this time of year makes it easier to take steps to overcome any barriers that may prevent us from embracing it as an ongoing regular practice.

Read the full article below to learn more about the value of nature play.

[Read full article](#)



#### **Farewell**

Last week we farewelled a Gowrie Training & Consultancy colleague Marcy Dowe, who after a number of years of engagement in learning and growing in her

profession with the team, including sharing her expertise across the sector, is now living her dream of leading an education and care service. We wish Marcy all the best in her future endeavours.

Would you too like the opportunity to expand your career?

Contact us today to discuss what opportunities are available within the Gowrie Training & Consultancy Team.

'Dare to Dream' and take the next step.

Complete our online form or call Kerrie on 62306836

**[Complete the online form here](#)**

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